

WRIST SNUGGLERS

by Diane Malinowski @ eco-stitch

Pattern for a pair of wrist warmers designed for linen yarn (edges do not roll in linen yarn). The central woven stitch section draws the gauge in, making it slightly less wide in the middle where it sits over the narrowest part of the wrist. Instructions are given for knitted flat or for knitted in the round (page 2) in 2 sizes. There is no thumb hole in the samples (my personal preference) but it can quite easily be added if preferred.



Finished measurements (approx):

Sizes: Adult small/medium (adult large).
Length: 18cm/7"
Width: 9cm/3.5"(10cm/4").
Hand circumference 18cm/7"(20cm/8").

Needles: 3.5mm (US 4).

Circular needle 80cm+ if using magic loop method.

Yarn:

eco-stitch plant-dyed sport-weight linen or eco-stitch Flaxi sport-weight linen: 22g (25g) of colours A and B. 55m (63m). Sample above shown in Natural and Rosemary from www.eco-stitch.co.uk

Gauge: 24 stitches and 30 rows in stocking stitch to 10cm/4".

Abbreviations/stitches

CO cast on **col** colour

k knit **p** purl

st stitch **rep** repeat

WS wrong side **RS** right side

s1wyif slip 1 with yarn in front: bring yarn to front and sl 1 st **knitwise**, bring yarn to back.

Pattern instructions

Knitted Flat and Seamed

With size 3.5mm needles & col A CO 49(55) sts.

Row 1 (WS): p.

Row 2 (RS): k.

Row 3: p.

Rep rows 2 and 3 a further 7 times.

Woven stitch section

Row 1 in col B (RS): k1, [k1, s1wyif], rep to last 2 sts, k2 .

Row 2 in col B (WS): p.

Row 3 in col A (RS): [k1, s1wyif], rep to last st, k.

Row 4 in col A (WS): p.

Rep rows 1-4 a further 6 times.

Rep rows 1 and 2.

Continue in col B

Row 1: k.

Row 2: p.

Rep rows 1 and 2 a further 7 times.

Cast off loosely. Sew up side seam.

(If you prefer a thumb hole, leave a one-inch gap in the side seam after 2 rows of the start of col B section.)

Weave in ends.

Hand-wash and dry flat.

For washing instructions of our linen yarn, see our website www.eco-stitch.co.uk.

